



JOHN KNOX COOPERATIVE PRESCHOOL
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FEVER / SICKNESS GUIDELINES

Please be considerate of the healthy children in class and follow these suggested guidelines for keeping your child home because of illness:

Keep your child home:

- **24 hours after they no longer have a fever, vomiting, diarrhea**
- **Bad cough**
- **Bad running nose (when mucus is thick and colored)**

Because his or her immune system is weakened, a child is more contagious to other children and more susceptible to other germs during the first three days of a cough or cold.

Please check your child's scalp for head lice on a weekly basis. Head lice is a major health problem in California Schools.

Children with head lice will be sent home. We ask that your child be free of lice and nits for 24 hours before returning to school.

Remember, you can always call your doctor for advice. In some situations, the staff may require a Doctor's note to return to school.